

**Deborah Valentine  
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Deborah Valentine Smith is a senior Teacher of Jin Shin Do® Bodymind Acupressure™. She has been practicing for over 32 years and teaching for over 25 years. She has been on the faculty of the New York Open Center, the Connecticut Center for Massage Therapy, the Meridian Institute and is currently on the adjunctive faculty of the Cayce/Reilly School of Massotherapy in Virginia Beach and the Massage Arts Center of Philadelphia. She is also the Editor-in-Chief of the AOBTA(R) Pulse Newsletter. She teaches to groups up and down the east coast. She resides in Phoenixville, Pennsylvania.



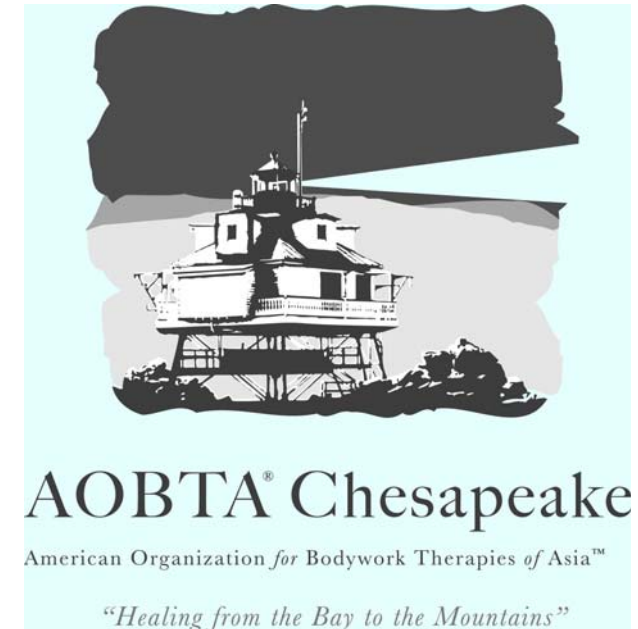
AOBTA Chesapeake  
1426 Cedarcroft Road  
Baltimore, MD 21239  
Address Correction Requested

[CUSTOMER NAME]  
[STREET ADDRESS]  
[ADDRESS 2]  
[CITY, ST ZIP CODE]



  
**TendinoMuscular  
Meridians for Women's  
Health: Fibromyalgia and  
Cellulite**  
-  
**Deborah Valentine Smith**

**April 14, 2007**



Brought to you by:  
**AOBTA CHESAPEAKE**

Phone for Information: 877-AOBTA-CH  
(877) 262-8224  
Web site: [www.aobta-chesapeake.org](http://www.aobta-chesapeake.org)



# TendinoMuscular Meridians for Women's Health: Fibromyalgia and Cellulite

Because the Tendo-Muscular Meridians run through the fascia and nourish the skeletal muscles, they are particularly useful for moving the Qi and Blood and healing structural problems and injuries in those areas. This makes them particularly useful for both fibromyalgia and cellulite, conditions of stagnant Qi. We will explore acupressure and shiatsu techniques for these conditions that can be incorporated into sessions and also given to clients for self-treatment.

## Location:

The seminar will be held on the campus of the Baltimore School of Massage  
517 Progress Drive, Linthicum, MD 21090

## Directions:

From Washington - MD-295N take the W. Nursery Road exit · turn left onto W. Nursery Road · turn right onto Progress Drive.  
From Baltimore - MD 295S take the W. Nursery Road exit · turn right onto W. Nursery Road · turn right onto Progress Drive.

## Accommodations:

Check online for hotels around BWI airport. OR Local AOBTA members have offered to house students needing arrangements.

## The Course

This course will cover the following:

- Non-invasive, Practitioner-friendly techniques for work with the TMMs
- Overview and assessment of Fibromyalgia and Cellulite
- Simple treatment protocols for Fibromyalgia and Cellulite
- Self-help methods for clients
- Guidelines for more advanced treatment

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This information in this course is designed to be valuable for any bodyworker.

This course has been reviewed by the NCCAOM as acceptable for Professional Development Activity credit.  
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- 6 NCCAOM PDAs for Asian bodywork and Acupuncture certification are available. Half-day registration is not available for this seminar.
- Class begins on Saturday, April 14 promptly at 9 a.m. Please be on time. With breaks and lunch, expect to finish by 5 p.m.
- AOBTA Chesapeake will have an informal lunch meeting to discuss chapter news and business.

## Fees

Sign up for:

	Postmark By 4/01/07	Postmark after 4/01/07
<input type="checkbox"/> AOBTA Member *	\$100	\$110
<input type="checkbox"/> AOBTA Student Member *	\$90	\$100
<input type="checkbox"/> MAS Member *	\$115	\$135
<input type="checkbox"/> Non-Members	\$135	\$150
TOTAL	<hr/>	

\* Enclose proof of current membership to receive the discount.

Lunch will be provided. Please alert us to any dietary considerations you have that we should be aware of.

Cancellation Policy: Cancel by April 7<sup>th</sup> - 75% refund Cancel after April 7<sup>th</sup> - No refund

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
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 Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_

Send registration form with your check to the address below or register online at:  
[www.aobta-chesapeake.org](http://www.aobta-chesapeake.org).  
Make your check payable to AOBTA Chesapeake.

Training facilities comply with ADA standards. Please advise AOBTA-Chesapeake if you require further accommodation.

**AOBTA Chesapeake**  
 Event Registrar  
 1426 Cedarcroft Road  
 Baltimore, MD 21239

Phone for information: 877.262.8224  
 E-mail: [register@aobta-chesapeake.org](mailto:register@aobta-chesapeake.org)